

Phytogenics and essential oil supplementation in rabbit and monogastric production, a panacea to improved animal production and antibiotic resistance challenge in Nigeria

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ABSTRACT

Antibiotic resistance, lipid peroxidation and poor animal performance have been a challenge endemic in the tropics, most especially in Nigeria. Lack of adherence to antibiotic withdrawal periods by farmers and animal producers and high temperature occasioned in the tropics have caused a major problem in the health and agricultural sectors respectively. Antibiotics resistivity in the long run leads to cancer in final consumers. Lipid peroxidation on the other hand caused by high temperature leading to oxidative stress conditions have been found to be a precursor to meat deterioration or spoilage.

This review examines the supplementation or administration of essential oils, its effects on several growth, health and general body parameters. The research adopts qualitative approach to analysis which relied on secondary sources like journals, textbooks, newspapers and online publications. It is concluded that the supplementation and administration of essential oils and several phytogenic could proffer a solution to the problem of antibiotic resistivity and lipid peroxidation, which directly enhances consumer health and boosts animal production. The review recommends that government at all levels work together with universities, agricultural research institutes, ministries of agriculture and veterinary pharmaceutical companies to designate and encourage extraction of essential oils in these perilous times.

1. Introduction

There is a steady rise in the demand for animal protein due to the rapid growth of human population and increased incomes along with changing preferences (FAO, 2009). In Nigeria, the acute scarcity of meat due to farmer-herder crises, global pandemic and poor economic policies has compelled livestock farmers to improve feed resources utilisation, health status and meat production from their animals (Anaso *et al.*, 2021). This shortage can be bridged by the farming of highly prolific monogastrics with short production cycles like rabbits.

Rabbits possess high fertility and rapid growth rates, thereby characterizing them an excellent source of meat and protein of animal origin (Dalle and Zotte, 2002). Rabbit meat is characterized as high quality due to adequate animal protein and polyunsaturated fatty acids, and low calories (El-gogary *et al.*, 2018). Tropical climate characterized due to its high temperature (heat) is a major climatic factor invariably affecting rabbit farming/production. Rabbits enormously depend on respiratory evaporation for the regulation of their body temperature and this confers only a limited power of adaption to hot climates (Mailafia *et al.*, 2010). Lipid peroxidation is a major problem in rabbit's production caused by oxidative stress leading to end product (meat) deterioration (El-gogary *et al.*, 2018). Furthermore, lipid oxidation adversely impacts the meat quality as it causes the formation of some toxic compounds and malondialdehyde (MDA). The latter has been reported to negatively influence human's health (Koné *et al.*, 2016; Cardinali *et al.*, 2015).

Recently, feed additives other than antibiotics and ionophores have been used to enhance feed utilisation, and productive and reproductive performance of rabbits (Dhama *et al.*, 2015; Tufarelli *et al.*, 2017; Ismail *et al.*, 2019). Feed additives have been utilised in diets of ruminants (Kholif *et al.*, 2017, 2020; Morsy *et al.*, 2018) and recently in the diets of monogastric such as horses (Elghandour *et al.*, 2014, Elghandour *et al.*, 2016) and rabbits (Cervantes-Valencia *et al.*, 2015; Abo Hafsia *et al.*, 2016; Gado *et al.*, 2016) to improve feed efficiency and animal health. Feed additives, such as essential oils (EOs), spices and herbs, have been successfully utilised in animal feed to decrease

total mesophilic aerobes, *Pseudomonas spp.* and *Enterobacteriaceae* (Soultos *et al.*, 2009; Koné *et al.*, 2016; Tufarelli *et al.*, 2017).

The recent ban on antibiotic growth promoters by several countries and the jeopardy of antibiotic resistant bacteria have compelled the search for alternatives of improving animal productivity and minimizing adverse effects on human consumers. Due to this ban, extensive research has been conducted to explore the use of phytogenics as alternate feed additives in animal nutrition. Phytogenic substances such as essential oils are generally regarded as safe and are frequently used in the food and feed industries. The impact of EOs, as a phytogenic feed substance, on the intestinal health, antioxidant status and antimicrobial activity in livestock is considered vital for the biological activities (Ahmed and Abdallah, 2020).

Essential oils or volatile oils are mainly aromatic oily liquids extracted by distillation from plant parts, such as flowers, buds, seeds, leaves, twigs, bark, wood, fruits and roots (Miguel, 2010). They are steam-volatile or rather organic-solvent extracts which have so far been used traditionally for many centuries in various parts of the world. They are basically known to have pleasant flavour and aroma, as well as preservative properties. EOs usually contain a rich amount of different compounds, such as terpenes, alcohols, acetones, phenols, acids, aldehydes and esters (Negi, 2012). These substances can exert defensive roles against bacterial, fungal or insect attacks. Studies on EOs have reported several positive effects on feed utilisation, animal health and live performance of rabbits (Celia *et al.*, 2016).

2. Literature Review

The following are the factors of essential oil supplementation to be considered;

- I. Voluntary feed intake, digestibility and body weight gain
- II. Apparent digestibility and nutrient utilization
- III. Blood profile and oxidative stress indices
- IV. Effects of essential oil and factors affecting semen characteristics
- V. Effect of essential oil on body thermoregulatory parameters
- VI. Effect of essential oil on carcass characteristics and meat quality
- VII. Effect of essential oil on microbial profile

I. Voluntary feed intake, digestibility and body weight gain

El-Nomeary *et al.* (2020) recommended the use of several essential oils such as cinnamon, garlic and juniper essential oils as supplemented in the basal diet as feed additives at 0.5ml /kg in rabbit diets without adverse effect on the rabbit general performance and showed positive effects in digestion and growth. The experiment was conducted using about 72 male New-Zealand White rabbits after weaning. Juniper EO significantly decreased the crude protein digestibility by about 5.5% and the fibre digestibility by about 3.3% as compared to the control. Garlic EO significantly increased the body weight by about 12.4% and the average body weight gain by about 12.4%, compared to the control group. Adding cinnamon and juniper EOs to diets led to a significant reduction in the daily dry matter intake as compared to the control group.

Similarly, Ahmed *et al.* (2019) reported dry matter digestibility and digestible energy significantly increased with rabbit fed dietary supplementation of phytogenics and EO such as betaine (BET) and thyme oil (THY). The control group was fed a basal diet without supplementation (T1), whereas the other groups were fed the same basal diet supplemented with 1500 mg BET (T2), 750 mg BET (T3), 1000 mg THY (T4), 500 mg THY (T5), 1500 mg BET and 1000 mg THY (T6), 1500 mg BET and 500 mg THY (T7), 750 mg BET and 1000 mg THY (T8), 750 mg BET and 500 mg THY (T9). The results similarly proved that feed dry matter digestibility and digestible energy were significantly improved with rabbit fed T2, T3, T4, T6, and T9 diets. In contrast to El-Nomeary *et al.* (2020), Ahmed *et al.* (2019) reported a significant reduction in total volatile fatty acids and ammonia nitrogen concentration of cecum content was recorded with rabbits fed T4, T5, T7, T8 and T9 diets compared with (T1) those fed the control diet in an eight week experiment using a total number of 72 growing New Zealand white (NZW) male rabbits divided into 9 experimental groups. It was concluded that Dietary supplementation with 1500 mg betaine or 1000 mg thyme oil/kg diet or mixture of theme with the same levels are recommended to improve the feed utilization and growth performance parameters and health status of NZW rabbits.

Al-Sagheer *et al.* (2017) concluded from experiment investigating the effects of supplemental dietary extra virgin olive oil (EVOO), gallic acid (GA), or lemongrass essential oil (LGEO) on growth performance and nutrient digestibility that inclusion in growing rabbit's diet could be used effectively to alleviate negative impacts of heat stress load on performance, nutrient and digestibility.

Ahmed *et al.* (2018) reported that thyme EO inclusions of up to 100 mg/kg ration with 1.50 g/kg olive oil as a supplement in the ration of young / growing rabbits can be used as an effective feed additive to improve performance under hot environmental and stressful conditions.

II. Apparent digestibility and nutrient utilization

The mode of action (MOA) of the bioactive compounds in EOs has not yet been properly fully explained. However, various mechanisms have been suggested for the MOA of EOs on nutrients digestion. Several authors have indicated that the use of EOs stimulates and enhance production of digestive enzyme (such as trypsin and amylase) activity (Jang *et al.*, 2004), others a production and induction of a higher secretion of bile acids (Platel and Srinivasan, 2004). Ding *et al.*, (2017) reported that the addition of the various / different experimental quantities of EOs to the laying hen's diet did not affect dry matter (DM) digestion. Radwan Nadia *et al.* (2008) detected that the addition of 0.5% to 1.0% of EOs from thyme, oregano, rosemary, or curcuma to laying hen's diet did not affect the digestibility of organic matter (OM). Yu *et al.* (2018) stated that adding different doses of anise oil (200, 400, and 600 mg/kg) increased the digestibility of OM in laying hens. Although it has been determined in some studies that the addition of EOs increased digestibility of crude protein (CP) in laying hens (Ding *et al.*, 2017 and Yu *et al.*, 2018), whereas in another research no effect was found (Radwan *et al.*, 2008). However, Arslan *et al.* (2022) reported that the addition of EOs at 100 or 200 mg/kg increased the dry matter, organic matter, and crude protein digestion as compared to control.

III. Blood profile and oxidative stress indices

Elghalid *et al.* (2020) reported that administration of lower (LA) and higher doses (HA) of a newly developed mixture of herbal plants and spices enriched with special extracts and essential oils decreased blood cholesterol, triglycerides and low-density lipoproteins; however, the LA treatment increased high-density lipoproteins and total antioxidant capacity but decreased malondialdehyde relative to the control treatment. The experiment was conducted using precisely ninety weaned unsexed V-Line rabbits, weighing 668.7 ± 8.2 g and aged 30 ± 1 days and were randomly distributed to three groups of 30 rabbits each and fed a basal diet without additives (Control rabbits) or supplemented with 0.5mL (LA) or 1mL (HA) of the additives mixture per litre of drinking water.

Similarly, El-Gogary *et al.* (2018) explained the efficacy of rosemary essential oil (REO), as feed additive, on growth and blood constituents of growing NZW rabbits. Precisely thirty six NZW were distributed into four groups: 1 control and 3 treated groups. The control was fed the basal diet, while feeds of other treatments were fortified with 0.25, 0.50 and 0.75 g/kg REO for groups 2, 3 and 4, respectively. It was therefore concluded that REO at 0.5 g/kg of diet has a beneficial impact on immunity and antioxidant status of rabbits.

Bassiony *et al.* (2015) similarly reported a significant improvement as compared to the control in some blood hematology WBC, RBC, Hb and Lymphocytes when a total number of seventy NZW male rabbits at about 5 weeks of age with similar / equal body weight were randomly allocated into seven treatment groups (10 rabbits in each group). The group one was fed the basal diet without supplementation as control. The group two, group three and group four were fed the basal diet supplemented with 50, 100 and 200 mg cinnamaldehyde/Kg diet, respectively. The group five, group six and group seven were fed the basal diet supplemented with 50, 100 and 200 mg thyme/kg diet respectively.

Similarly, Abdelnour *et al.* (2018), concluded that dietary red pepper oil (RPO) or black pepper oil (BPO) supplementation significantly increased growth in rabbits and improved the immunity parameters, improved antioxidant activity in a research conducted using 140 male New Zealand white growing weaned rabbits. Rabbits were randomly divided into seven groups (7 groups $\times$ 5 rabbits $\times$ 4 rooms). The study continued for eight weeks and ended at 13 weeks of age. The dietary treatments used were as follows: C: control; RPO 0.5: basal diet and 0.5 g RPO/kg diet; RPO1.0: basal diet and 1.0 g RPO/kg diet; RPO1.5: basal diet and 1.5 g RPO/kg diet; BPO0.5: basal diet and 0.5 g BPO/kg diet; BPO1.0: basal diet and 1.0 g BPO/kg diet; and BPO1.5: basal diet and 1.5 g BPO/kg diet.

IV. Effects of essential oil and factors affecting semen characteristics

El-Ratel *et al.* (2021) reported that the supplementation of extra virgin olive oil (EVOO), betaine (BET), or ginger (GIN) improved the sexual desire (libido), progressive motility, vitality, intact acrosome and membrane integrity, sperm cell concentration, sperm outputs and fertility in rabbit bucks distributed randomly into four experimental treatments of precisely ten rabbits each. The first treatment was fed the commercial pellet diet (CPD) without supplementation and was designated as the control group. The other three treatments were fed same basal CPD supplemented with EVOO (300 mg), BET (1,000 mg), and GIN (200 mg) per kg diet for 3 consecutive months during the summer (warm) season.

Similar to previous finding, Ahmed and Abdallah (2020) revealed / showed that thyme essential oil (TEO) increased the sperm livability, sperm motility and ejaculate volume compared to positive control (PC) and negative control (NC) groups at the end of treatments. Abnormal sperm was significantly reduced with increasing TEO, compared to PC and NC groups in an experiment using a total of about one hundred and fifty 70-day-old male Californian rabbits assigned to five dietary treatments including a basal diet as a negative control, a basal diet was supplemented with an antibiotic as positive control and the basal diet was supplemented with 60, 120 or 180 mg/kg of TEO. The experiment period lasted for about 60 days.

V. Effect of essential oil on body thermoregulatory parameters of rabbits

Daader *et al.* (2018) reported that extra virgin olive oil, betaine, lemongrass essential oil, gallic acid, vitamin C and vitamin E supplementations had positive and ameliorating effects on the rearing / growing of rabbits under a severe heat load in terms of lowered body temperatures. In this experiment, Rabbits were fed diets with no supplementation (designated as the control group) or supplemented with 15 g of extra virgin olive oil, 400 mg of lemongrass EO, 500 mg of garlic acid, 1000 mg of betaine, 500 mg of vitamin C, or 200 mg of vitamin E per kg of the basal diet.

VI. Effect of essential oil on carcass characteristics and meat quality

Benlemlih *et al.* (2014) whose study was to compare the effect of dietary fennel and thyme essential oil supplementation with the effect of antibiotic on zootechnical parameters and caecal microflora of rabbits. Precisely 40 weaned rabbits of about 35 days old, white New Zealand, were divided (allocated) into two groups and submitted to two dietary treatments: EOFT (diet with essential oil of *Feoniculum vulgaris* and *Thymus capitatus*) and OTC (diet with oxytetracycline in drinking water). The mean carcass yield of OTC group was higher than EOFT group after about twenty five days of the experiment.

Contrary to the result of Benlemlih *et al.* (2014), Denli *et al.* (2004) reported that the supplementation of the diet of quail with thyme essential oil did not affect carcass yield and carcass weight.

Similarly, Bassiony *et al.* (2015) researched and evaluated the effect of using different levels of cinnamaldehyde and thymol as essential oil bioactive compounds on growth performance, carcass traits, some blood and caecum characteristics and economic efficiency of growing rabbits reported that the relative weight of the carcass, digestive tract, abdominal fat and caecum weight and length were not significantly affected by dietary treatments.

Rhouma *et al.* (2018) who conducted a study to evaluate the effect of different levels of thymol on zootechnical performances, caecal microflora and the quality of rabbit carcass during the summer season, similarly reported that the incorporation of thymol in the diet did not affect significantly carcass yields during the summer period.

VII. Effect of essential oil on microbial profile

Elghalid *et al.* (2020), reported that both higher and lower dose mixture of herbal plants and spices enriched with special extracts and essential oil increased beneficial *Lactobacillus spp.* bacteria and decreased the concentrations of coliform bacteria and *E.coli* compared with the control treatment and concluded that additives mixture enhanced feed conversion and daily gain and positively altered caecal bacteria profile, with better resultant effects of the lower dose of the phyto-genic additives mixture compared with the high dose.

Similarly, Rhouma *et al.* (2018) showed that the addition of thymol has a significant effect on the number of *E. coli* and *Lactobacilli*. Indeed, the number of *Lactobacilli* in the rabbits receiving the two doses of thymol was higher than the control group. In addition, this supplementation reduced the number of *E. coli* in treatment one. For this experiment, 90 rabbits (35 days old) were divided into three homogeneous groups: T: control with no thymol and the other two groups with thymol (T1 and T2) which received 200 and 300 g/T of the thymol, respectively. Each of the 3 diets was fed to replicates of 6 rabbits each from day 35 to 77.

Contrarily, Benlemlih *et al.* (2014) reported no difference on caecal count of *E.coli* and *C.perfringens* in both EOFT (diet with essential oil of *Feoniculum vulgaris* and *Thymus capitatus*) and OTC (diet with oxytetracycline in drinking water). In this experiment, 40 weaned rabbits (35 days old), white New Zealand, were divided into two groups and submitted to two dietary treatments: EOFT and OTC.

3. Conclusion

The problem of antibiotic resistance and lipid peroxidation leading to meat spoilage can be abated by harnessing the supplementation / administration of essential oils and phytogenics in Nigeria. Essential oils and phytogenics supplementation can be used as a supplement to antibiotics and guarantee better output and curb the menace associated with poor adherence to withdrawal periods. Empirical evidences of supplementation and administration of essential oils and phytogenics in the diets of livestock have been proven to improve their productivity without compromising their health abound.

Recommendations

Government at all levels should provide facilities for universities via the faculty of agriculture, agricultural research institutes and ministries of agriculture for further research and collaborations with veterinary pharmaceutical companies on the extraction procedures which is cheap and simple, thereby boosting production levels. Governments at all levels should also prioritise legislations outlawing unlawful use of antibiotics where essential oils and phyto-genic feed substances can be utilised in animal's diet to maximize productivity.

Conflicts of Interest

The author declares no conflict of interest in the design, collection, writing of the manuscript and decision to publish this review.

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